

Temperature Guidelines

1

Check to see if your building's HVAC controls are set to follow the ECU Standard Temperature Practices. If not, you can use the suggestions below for energy conservation and comfort.

2

Contact Facilities Services at 252-328-2251 (HSC) or 252-328-6776 (Main) to get specific instructions for adjusting settings.

A thermostat controls the **TEMPERATURE** in your room. Even small adjustments of just 1 or 2 degrees in temperature settings can result in large energy savings!

A fan coil unit controls the **SPEED** and **AIR FLOW** (low, medium, high) in your room. A small motor runs the fan so you can save electricity by running your fan on **LOW**.

SUMMER months (June – September)

When you are in the room:	74-78 degrees
When you are out for the day:	80 degrees
When you are away for 2+ days:	80 degrees

WINTER months (November – March)

When you are in the room:	66-70 degrees
When you are out for the day:	60-65 degrees
When you are away for 2+ days:	60 degrees

Note that you should leave the fan on LOW during the winter months (not off).



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