



ECU

SUSTAINABILITY

TRAVEL SMARTER – Reduce driving and you'll save money while also cutting your carbon footprint:

- **ECU Transit:** A convenient network of campus buses powered by cleaner, lower emissions Compressed Natural Gas
- **Get Active:** Walking, biking, skating, or scooting on and around campus is greener and makes you leaner and healthier
- **Share the Road:** When you do drive, be on the lookout for fellow pirates using active transportation around campus

EAT GREEN – Choose foods that have the least environmental impact. Chew on these eco-friendly tips:

- **Homegrown:** Eating local food supports local farmers while also reducing the travel time and environmental impacts from the farm to your fork. Look for local food options in campus dining halls and volunteer at the Greenville Community Garden.
- **Limit Waste:** Don't bite off more than you can chew. Waste less by only taking what you can eat. You can go back for more!
- **Mind the Meat:** It takes a lot of energy and water to produce a pound of meat. Try going meatless occasionally and filling your plate with other plant-based protein sources such as beans, nuts, seeds, and peas.

SAVE ENERGY – Propel power savings on campus through these easy energy conservation tips:

- **Flip the Switch:** Always turn off lights when leaving a room. Use natural or task lighting when possible.
- **Pull the Plug:** TV's, game consoles, printers, and coffee makers use electricity even when turned off. Unplug these electronic devices/appliances when not in use and before leaving for vacation or buy a "smart" power strip for automatic turning off.
- **Computer Catnap:** Hibernate or "sleep" your computer instead of using screensavers, which use just as much energy as regular operation. Shut down your computer before you shut your eyes for the night.
- **Keep it Airtight:** Windows and exterior doors should be shut while air conditioning or heating is on. The outside temperature makes the heater or air conditioner work harder and waste energy.
- **Leaner Laundry:** Residence Hall washers and dryers are already highly efficient, but you can help save even more energy by washing clothes in cold water and only washing full loads.

WASTE LESS – Don't be trashy people. Help make ECU greener and cleaner by reducing, reusing, and recycling:

- **BYO-Everything:** Bring Your Own reusable shopping bags, bottles, straws, utensils, and more to reduce single-use plastics!
- **Noted:** This isn't high school. Try taking notes on your laptop or tablet instead of scribbling on sheet after sheet of paper.
- **Print Less:** Try papersaving techniques such as printing double-sided, saving scrap paper for notes, and buying recycled paper.
- **Trash to Treasure:** Donate unwanted clothes and dorm items to Pirate Swap then buy used items at the next pop-up sale!
- **Pirates Helping Pirates:** Donate food and hygiene products to Purple Pantry or reach out if you are in need of assistance.

CONSERVE WATER: We all need water, but shortages will become more common. Do your part to save H₂O:

- **Shorter Shower:** A 10-minute shower is about 25 gallons of water. Every minute you shorten it, you save 2.5 gallons.
- **Turn Off the Tap:** Turn off the tap while shaving or brushing teeth. Slow the flow while you're washing dishes by hand.
- **Fix it Fast:** Small leaks can add up to gallons of water lost each day. Common types of water loss include leaking toilets/urinals and dripping showerheads/faucets. Report residence hall leaks to Housing. Report leaks in other buildings to Facilities Services.
- **Don't Dump:** Street drains run into waterways, so don't dump anything in there or litter because everything flows downstream.





BOTTLES & CANS

PLASTIC, ALUMINUM, & STEEL



Plastic Bottles
(with caps)



Aluminum Cans



Steel Cans

UNACCEPTABLE ITEMS



Plastic Bags



Clamshells, Deli Trays, &
Frozen Food Containers



Cups



Food/Pizza Boxes

ADDITIONAL UNACCEPTABLE ITEMS

- Lids and Straws
- Food/Food Residue
- To Go Cups (Solo cups)
- Styrofoam

PLEASE EMPTY YOUR BLUE RECYCLING CONTAINER INTO THE RECYCLING CART IN THE TRASH ROOM ON YOUR FLOOR.

REDUCE, REUSE, AND RECYCLE. WHEN IN DOUBT, THROW IT OUT!

PLEASE CONTACT YOUR R.A. FOR MISSING / REPLACEMENT CONTAINERS.

ECU RECYCLING SERVICES | 252-328-2892 | GO.ECU.EDU/RECYCLING



MIXED PAPER

PAPER



Office Paper
(White & Colored)



Books
(Hardback, Softback,
Telephone Books)



Newspaper
& Inserts

UNACCEPTABLE ITEMS



ADDITIONAL UNACCEPTABLE ITEMS

- 3-Ring Binders
- Plastic Items/Wrapping
- Spiral Notebooks
- Binder Clips
- To Go Cups (Solo cups)
- Trash

PLEASE RECYCLE MIXED PAPER IN YOUR RESIDENCE HALL LOBBY OR COMPUTER LAB.

